

Meat Balls

5kg mince

2x 420g can tomatoes

1x 500g jar tomato paste

2x 420g can tomato soup

10 wheatbix (crumbed)

¼ cup mixed herb, curry powder & garlic

2kg frozen mixed vegetables

1x 500g spaghetti pasta (cooked & drained)

Mix all together & roll into egg size balls.

Place onto greased oven dishes 1-2 meat balls per child.

Bake in oven on 180C for 60m

Add another two cans of tomato soup with pasta & keep on low heat until ready to serve

Serve pasta on plate then place meat balls on top