Minestrone Soup

375g Red Lentils
500g frozen onion
2kg frozen mixed veg
¼ cup curry powder
3x420g can tomato soup
500g tomato paste
1kg cooked macaroni

Boil lentils, onion, vegetables and curry powder in three litres of water.

Before adding tomato paste & soup check for allergies for tomato if so put some aside. Then add the cans soup and pasta

Blend the soup in the blender. Note check for gluten allergies before adding cooked pasta. Place some aside for child.

Then add the cooked pasta

Leave on stove to simmer to keep temp until ready to serve